

June 2019 >>>

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Borg Email Newsletter.



Pembina County Fair

A glance into our Home

Borg Pioneer

PAM RETIRES..... NEW ADMINISTRATOR NAMED

When Pam Byron signed on as administrator in November of 2015, she informed the Board of her plans to retire 2019. The time has certainly flown by and Pam is making plans for the next phase in her life.

We thank Pam for her years of service to Borg and the positive impact she made on our Home. We wish you all the best and hope your time is filled making memories with your children and grandchildren.

Pam's willingness to help in any way possible is certainly exemplified by the fact her last day of work was supposed to be May 31st, but she agreed to stay on until the hiring process was complete and a suitable replacement found.

Sara Stevenson, RN from Cavalier, ND has accepted the position of Borg's next administrator starting the end of July. Sara comes with nursing experience in Med-Surg, ER, OR, clinic, and Homecare. She is the mother of 3 young children. We welcome Sara to Borg and look forward to working with her.

Administrator's Corner Without Change, There Would Be No Butterflies

Its only the end of June and we have had such a busy summer already. This spring I came up with the idea of adding a small kitchen area in the activity room. With the support of the auxiliary, the existing access to plumbing and electricity and the skills of our maintenance man (Ralph) we were able to accomplish this. It will be such fun to see the residents enjoying the whole baking and occasional cooking experience within that department. The raised garden was planted and we are starting to reap the bounty of fresh vegetables with more to come. Somehow the idea came about to change up the Heritage room, as many of the display cases were only being used as storage the idea of transforming it into a modern coffee house feel was born. Again, with Ralph's skills, access to plumbing as well as Suzie's eye for decorating we have transformed this room into a fun modern space. I have been so blessed to have such talented and devoted people to help complete the visions. I feel that we need to continue to be progressive and provide a environment that our residents can enjoy.

We are in an ongoing process of making our outside living area more comfortable and welcoming as well. I am finding that writing this note today is so bittersweet as I am ready for the next chapter of my life but will miss so much of that has been my passion for the last 47 years. I have only been at Borg since November of 2017 but it has been such a rewarding experience. I want to thank so many families for the privilege of caring for your loved ones, they all have a special place in my heart. I want to thank the Board, the Auxiliary, Suzie, and all the staff!!!! I want to welcome Sara to the Borg family and to let her know that she will always have my support.

A friend once shared this quote with me: Without change, there would be no butterflies
Pam



Made by residents

Department News

THE PULSE

Welcome to Terry Anderson as she joins the night crew at Borg. Congratulations to Madison Dearing on her HS graduation.

CPR training is not required in basic care, but in April the course was offered at Borg and we had a great turnout of nursing staff. Thank you to Jim DeMell for teaching the course at Borg. Thank you to the nursing staff for your willingness to participate.

Dr Thompson made rounds in April. Due to winter weather extending into the spring, Dr Hill and his nurse Esther rescheduled their visits to March and May. Physical Therapy and Occupational Therapy continue to see residents at Borg several times a week.

Good Housekeeping

We welcome Michelle Zeller to the housekeeping department. Gwyneth Weiler is also assisting in housekeeping.

We purchased a Protexus Electrostatic Sprayer which enables touchless disinfection and sanitizing programs that allow each worker to cover up to 80% more surface area per minute than traditional programs using wipes, buckets, spray bottles, mops or rags. This amazing capability allows for programs that do more with their existing staff than ever before and finally shift the focus from Infection Control to true Infection Prevention.

The Scoop

Representatives from Food Services of America have visited several times to introduce new food ideas. We added egg rolls, pasta with Alfredo sauce and chicken, marinated pork chops and seasoned rice, and new flavorful pizzas just to name a few.

We also purchased steam tables to improve the serving process and the meal. We are looking forward to some cooking on the grill the next few months. Gwyneth Weiler is working as a dietary aide to help cover dietary staff summer vacations. Welcome to Gwyneth and thank you for helping out.

Nuts & Bolts

Ralph completed the remodel in the activity room with the addition of a stove, microwave, counter, & cabinets for resident baking activities. The remodel of the heritage room into a coffee shop kept Ralph busy tearing things apart, repairing sheet rock, texturing, & plumbing. Ralph worked with residents to plant a garden, flowers, and shrubs; and continues to assist with watering and maintenance of the gardens. There is always something to repair, start, hang, move, deliver, etc.... and we thank Ralph for doing it with a smile.



Happy Birthday!

March Birthdays: Willis Busse, Lauren Bjornson

April Birthdays: Shirley Kemp, Tonia Dearing

May Birthdays: Raymond Eastman, Sheryl Fisher, Jayden Brollier, Ruth Campbell, MaryLou Hartje

June Birthdays: Manny Steinolfson, Ruth Shepard, Joyce McKay, Goodie Anderson



GOOD NEWS FOR COST OF CARE AT BORG

Borg just received notice that based on our current cost report, the daily rate at Borg will only increase \$0.17/day this year. That is good news for the residents and families. It is also good news for Borg that we can continue to offer long term care at a more affordable rate. Our current monthly rate is \$2891/month for a private room and board. Thank you to supporters of Borg that help keep costs down and help Borg thrive.

BORG HOME SERVES THE COMMUNITY for 70 YEARS

Borg Home received the 2019 Community Service Award from North Dakota Long Term Care Association in recognition of 70 years of service. Suzie Ashpole accepted the award on behalf of Borg Home during the ND Long Term Care Conference in Bismarck May 7th, 2019.

Borg opened in 1949 with a 40 bed occupancy. Borg Home is a non-profit business that is licensed by the state of North Dakota and operates under the direction of the Board of Directors. For 70 years Borg has been providing quality care and enhancing the lives of residents in long term care. Thank you to all that are part of the 70 year history.



Activity Highlights March, April, May, June

Hello everyone!

We've had a pretty exciting few months at Borg in the Activities department. I took over as Activity Director in mid-February and have more than enjoyed it. We are so lucky to have a wide range of residents here at Borg. There are so many different interests, different age ranges, different pasts but under this roof our residents really become one big family and enjoy participating, watching and helping their fellow residents do what they love.

We have celebrated many birthdays and holidays already this year. Valentine's Day was celebrated with lots of love and even more chocolate. Goodie Anderson and Jesse Copeland were crowned our Valentine's Day King and Queen.

We spent St. Patrick's Day by having a gold coin scavenger hunt. Cecil Johnson was the lucky leprechaun to win. The hunt was followed by Happy Hour with appetizers and, of course, green beer.

Easter soon followed with us making bunny crafts, having a Bible reading on Good Friday, an Easter egg hunt, dying eggs and Easter service on Sunday.



We were also lucky enough to celebrate Nursing Home Week in May. On Monday we tie-dyed t-shirts. Tuesday was Spa/PJ day. Residents and staff were encouraged to wear their pajamas for the day.



We had a massage therapist in to give mini massages while staff offered manicures and pedicures.

Wednesday was very exciting for some of our residents as we took a trip to the casino in Thief River.



Thursday evening, we were excited to have a bouquet class from the ladies at Main Street Floral in Cavalier. All the supplies needed to make an adorable short pot flower bouquet were brought to Borg and we were taught how to properly cut and place the flowers. The residents that participated were all able to keep the bouquets they made. On Friday we had an all-around fun day. We celebrated the closing of Nursing Home Week with a pizza party and Happy Hour.

We have also enjoyed Mother's and Father's Day. Many flowers were delivered and love spread all around. Our ladies were presented with corsages on Mother's Day and our men were given goodie packages for Father's Day.



Shrine Circus

In April we were very excited to be able to take a trip to The Shrine Circus. This was in large part thanks to The Shriners donating the tickets and The Borg Auxiliary donating money for circus treats. The residents had a great day of shopping, fast food and circus treats.

Now that the warm weather has arrived our residents are spending more and more time outside.

We had so much fun planting our flowers and garden this spring and I must say from the looks of it we've got a few green thumbs in our group. We've played yard games, had yoga with Holly Stegman on the patio and just relaxed soaking up the sun.

We can't express enough thanks to all of the people that volunteer their time to make sure our residents have church services each week. Our residents are able to enjoy Sunday service, Bible Study on Tuesday, Catholic Mass on Thursday and Chapel on Thursday because of these wonderful people.

July is looking to be an exciting month here at Borg. Between a Dinner at The Cavalier Country Club, The 4th of July celebration, a trip to Frost Fire for the play and a social at Icelandic with other Pembina County Nursing Homes and all of our other weekly activities we are in for a fun month.

I'm so happy to be a part of our residents' lives. They truly are a great group of people and make this job more fun than work. People always say "it takes a village" and I must say the village that supports and shows love to Borg are all to thank for these exciting things happening at Borg. We can't wait to share what's next to come.

Jennie

BORG VOLUNTEERS

Volunteers recognized for the valuable work they do at Borg.

vol-un-teen

/,vələn'ti:/

noun

noun: **volunteer**; plural noun: **volunteers**

1. a person who freely offers to take part in an enterprise or undertake a task.

Board of Directors: meet monthly and as needed to make financial decisions, review old business, explore new business, address concerns, and meet the challenges in long term care all the while looking out for the best interest in the Home, residents and staff.

Borg Auxiliary: meets routinely throughout the year to support the Home, residents, and even the staff. Their money is completely raised by volunteering their time, talent, baked goods, crafts, raffle sales, etc... They take on projects to improve and update the home. They buy clothes and shoes for residents in need. They support the staff with kind messages and monetary gifts.

Schools, organizations, businesses, & individuals: volunteer their service with programs, gifts, visits, treats, entertainment, and games.

Area churches, clergy, and church musicians: volunteer their time to meet the spiritual needs of the residents with worship services, Mass, Bible study, music, prayers, Holy Communion, and visits.

Borg staff: volunteers many hours to improve the quality of life for residents. Taking residents to town with them, buying things for the residents, taking the residents out to eat, spending time with the residents, & visiting. Staff often pick up meds, buy treats, & run errands for residents when they go to town.

Resident volunteers provide a tremendous service to Borg everyday- setting and clearing tables, washing tables, sweeping floors, pouring beverages, watering plants/ garden, feeding the birds, & assisting other residents.

June 26th, we gathered at Borg to honor all the volunteers that are such an important part in the daily life of Borg. Each volunteer was given a mug with a picture of a rainbow reflection on Borg's sign, representing the reflection each volunteer has on Borg. Thank you volunteers. SA

Valuable is the work you do...

Valuable is the work you do.

Outstanding is how you always come through.

Loyal, sincere and full of good cheer,

Untiring in your efforts throughout the year...

Notable are the contributions you make.

Trustworthy in every project you take.

Eager to reach your every goal.

Effective in the way you fulfill your role.

Ready with a smile like a shining star,

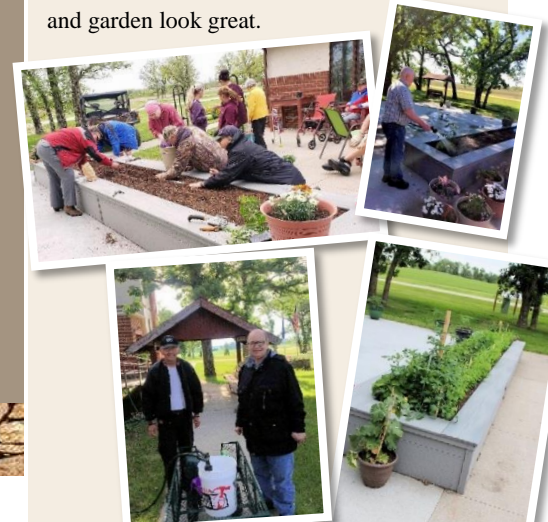
Special and wonderful – that's what you are.

Author Unknown



BORG GARDENS THRIVE ON TLC FROM THE RESIDENTS

Thank you to the garden volunteers that keep everything watered. The shrubs, planters, and garden look great.



DEAN OLAFSON RETIRES FROM BOARD OF DIRECTORS

Dean Olafson served on the Borg Home Board of Directors from 1996 – 2019. Dean's contributions to the Board made a mark in the history and success of Borg.

Dean, your commitment and service to Borg is sincerely appreciated by your fellow board members and all of us at Borg. Thank you Dean.



final thoughts...

“Until one has loved an animal, a part of one’s soul remains unawakened.” - Anatole France.

We enjoyed many visits from fluffy, furry, wooly, and feather friends the past few months. Thank you to the owners for sharing your pets/animals with us. Jennie’s dog Hotchi, Ralph’s pheasants & chukars, Lyle Shephard’s baby chicks, Raven’s rabbits, Bonnie’s dog, & Abby’s dog. We also enjoyed seeing all the farm animals at the Pembina County Fair.



Borg Coffee Shop & Activity Kitchen Projects Complete

The heritage room was updated to a coffee shop with small tables, computers, board games, puzzles, reading material, and of course coffee and creamers. The walls are antique white and deep red with coffee house and modern farmhouse décor.

The activity room remodel was completed with an area for food prep and baking. An oven, microwave, cabinets, and counter were installed. We are looking forward to having



an oven the residents can use for activities and small group meals prepared by residents. Thank you Ralph for all the work on these projects.

Borg Board of Directors

Kelly Johnson, Pres.

David Hartz

Susan Vivatson

Craig Thorfinnson

Doug Wessels

Bob Thomasson

Medical Director >>>
>>> Dr Susan Thompson



Dr Hill and Esther RN



Dr Thompson



Expressing our gratitude

We gratefully acknowledge the following gifts received between Feb 27, 2019- June 30, 2019.

In Memory of Doris Otto

Melvin & Karen Kristjanson
Jerry and Sophie Loftsgard
Roland and Carol Mayhair
Gene and Barbara Estad
Dennis and Judy Kemp
Les and Barb Puppe
Paul and Tammy Olson
Russell and Sherry Hannesson
Roberta Charrier
Howard and AnnaLee Olson
Betty Leshner
Dan and Ruth Knoblich
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Richard and Susan Bigwood
David Hartz
Russel and Gudrun Anderson
Dennis Anderson
James and Marilyn Johnson
Eunice and Tom Carlson
Ralph & Pam Byron
Friends & Family

In Memory of Pearl Olafson

Melvin & Karen Kristjanson
Shawn Lindsay Family
Hans & Joyce Hansen
Larry & Alice Kotchman
George & Sandra Wright
Friends & Family

In Memory of DeeAnna Ashpole

Ashpole Family

In Memory of Inez Midboe

Stephan & Roberta Kristjanson

In Memory of Beverley Hall

Marilyn Hegre
Gladys & Irvin Hammer

In Memory of Judy Bernhoft

Marie Simundson
Russell & Gudrun Anderson
Dennis & Sue Bliske
Glenn & Lynette Langerud

In Memory of Merle Wilker

Jim & Sharon Puppe

In Memory of Arlys Timian

Jim & Sharon Puppe

In Memory of Duane Halldorson

Jeanne Halldorson & DL Prien

In Memory of Margaret Hillis

Russell & Gudrun Anderson
Jim & Karen Brown

Thank you to all that donated floral arrangements, food, treats, or any other items to Borg. Your thoughtfulness is appreciated.



Trip to McCurdy's



NuStep Exercise Bike



Balyeat Program



Beth Kemp's piano recital



Cavalier Motorcycle Ride-In

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